

## Back to the Basics

### Week 1 - Psalm 23

1. The Lord is my Shepherd
  - a. Because the Lord is my shepherd...
  - b. What kind of shepherd?
    - i. Never sleeps
    - ii. All powerful
    - iii. All knowing
    - iv. Forever patient
    - v. All loving
  - c. Every promise in the Psalm hangs on the power of this promise.
  - d. The psalmist says, I believe in God; I believe that God cares, and I believe that God cares about me." The Lord is my Shepherd.
  - e. is saying that in our anxious, nervous world we, too, live in dependence on our Shepherd.
2. I Shall not want
  - a. Because God is my Shepherd, I have everything I need for life
  - b. What are some of the things that we stress about because we think we need them?
  - c. Philippians 4:19
    - <sup>19</sup>And my God <sup>m</sup>will supply every need of yours <sup>n</sup>according to his riches in glory in Christ Jesus.
  - d. 2 Peter 1:3 <sup>3</sup> His divine power has granted to us all things that pertain to life and godliness, through the knowledge of Him <sup>4</sup>who called us to <sup>2</sup> His own glory and excellence,
3. He makes me lie down in green pastures
  - a. I'm tired, He makes me rest
  - b. Covenant of grace, with blessings and promises
  - c. Are you finding your rest in the green pastures of God's grace and favor?
  - d. They lay down showing how full and safe they are
4. He leads me beside still waters
  - a. As opposed to rushing waters that scare the sheep
5. He restores my soul
  - a. When our souls are beaten down and weary, He restores us with His word
6. He Leads me in paths of righteousness for His name's sake
7. Even though I walk...
  - a. Even if things get worse, The Lord is my shepherd, I shall not want
  - b. For you are with me
  - c. Rod and staff, to guide and protect
8. Prepare a table before me
  - a. Do we feast on God's word?
  - b. Would you describe your spiritual relationship with God as a feast?
9. Presence of my enemies
  - a. Even when people cannot understand how we can make it through such time
10. Anoint my head with oil
  - a. The Spirit of God on us
  - b. Healing, rest, provision
11. Mercy and goodness
  - a. We can rest assured that even in the midst of all the turmoil this world has to offer, The Lord is my Shepherd, and mercy and goodness follow me always
12. I will dwell in the house of the Lord forever